

YOGHURT BOWLS

A BOWL OF GOODNESS FOR ONLY
SMALL: £3.95 | REGULAR: £4.95

PICK YOUR DELICIOUS BASE OF OUR UNIQUELY SOURCED NUTRITIONAL GREEK YOGHURT:
"TRADITIONAL" OR "LOW-FAT"

SWEET



DARK CHOCOLATE + ORANGE

Dark Chocolate Flakes + Peeled Orange Slices
+ Pistachios + Fresh Mint + Honey



RASPBERRY + WALNUT

Raspberry + Walnut
+ Rolled Oats + Cinnamon Powder + Honey



BLUEBERRY + GREEN APPLE

Blueberry + Green Apple
+ Chia Seeds + Honey



MANGO + PINEAPPLE

Mango + Pineapple + Basil
+ Star Anise + Honey



BANANA + HAZELNUT

Banana + Crushed Hazelnuts
+ Toasted Almond Flakes + Agave Maple Syrup



GRANOLA + STRAWBERRY

Dorset Granola
+ Strawberries + Honey

SAVOURY

ADD SIMIT CHIPS FOR ONLY £1



AVOCADO + BEETROOT

Avocado + Beetroot + Fresh Mint
+ Sea Salt + Black Pepper + Extra Virgin Olive Oil



STUFFED VINE LEAVES + GREEN GRAPES

Rice Stuffed Vine Leaves + Green Grapes + Dill
+ Chilli Powder + Sea Salt + Extra Virgin Olive Oil



AUBERGINE PUREE + TOMATO

Chargrilled Aubergine Puree + Roasted Cherry
Tomato + Chilli Powder + Extra Virgin Olive Oil



CUCUMBER + MINT

Cucumber + Fresh Mint + Za'atar + Sea Salt
+ Black Pepper + Extra Virgin Olive Oil



SMOKED SALMON + DILL

Forman's Smoked Salmon + Dill + Lemon Juice
+ Sea Salt + Black Pepper + Extra Virgin Olive Oil



HUMMUS + ZA'ATAR

Hummus + Chickpeas + Toasted Pine Nuts
+ Parsley + Za'atar + Sumac + Extra Virgin Olive Oil

ISTANBOWLS



CHECK OUT THE
GRAB & GO FRIDGE
for Homemade Mezze Bowls
from £2.50

SOUP OF THE DAY



HOMEMADE
HEARTY
SOUPS
Ask staff for daily
offering.
S: £3.50 | L: £4.50

SIMIT BAGEL

A TRADITIONAL, TURKISH BREAD.
SIMILAR TO A BAGEL, BUT LIGHTER, CRISPIER AND COATED IN SESAME SEEDS.

MANDIRA CREAM CHEESE
Plain labne (add honey £0.50)
£3.75 (€4.50)

"GRILLED KASERI" CHEESE
Kasari "Aged Goat's Milk" Cheese
£4.50

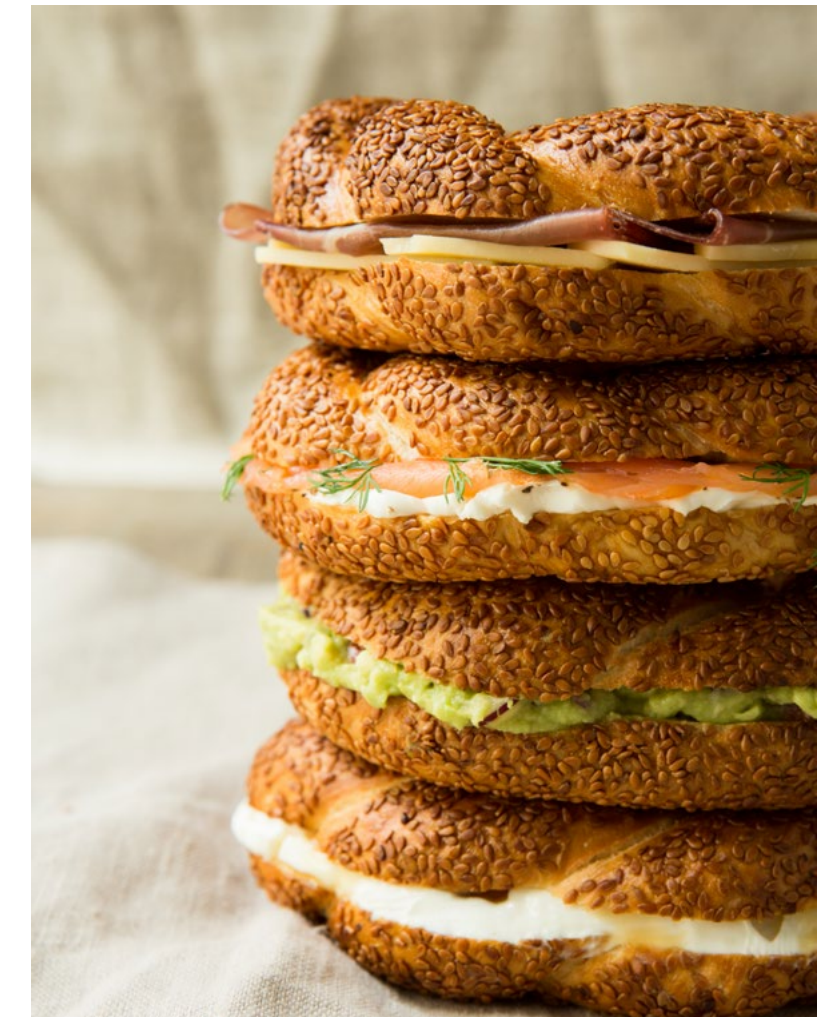
SMOKED SALMON
Forman's Smoked Salmon
+ Labne + Dill
£5.00 (€6.00)

GUACAMOLE
Avocado + Tomato + Red Onion
+ Coriander
£5.00 (€6.00)

TOASTED "TURKISH PASTRAMI"
Turkish Style Cured Beef
+ Kaseri Cheese + Butter
£5.00 (€6.00)

DEAL!

ANY SIMIT + ANY BEVERAGE
£6.00 (€7.20)



COMBOS

ALL DAY EVERY DAY

CHOOSE ANY TWO

Small Yoghurt Bowl

Half Simit Bagel

Small Soup

£6.00

Add Tea or Coffee + £1.50
Add Juice + £2.75

BREAKFAST SPECIAL

Small
Granola + Strawberry
Bowl

Half
"Grilled Kaseri"
Cheese Bagel

£5.50

Add Tea or Coffee + £1.50
Add Juice + £2.75

LUNCH FAVOURITE

Small
Hummus + Za'atar
Bowl

Half
Toasted "Turkish Pastrami"
Bagel

£5.50

Add Tea or Coffee + £1.50
Add Juice + £2.75



**WE CARE ABOUT YOUR
MORNING COFFEE**

SIP A CUP OF JULIUS MEINL COFFEE
LIKE A REAL AFICIONADO.

